



For All of L.A.

To: L.A. Care OB/GYN and Family Medicine Providers

Re: No Cost Doula Services for Your Pregnant Patients

Dear L.A. Care Health Plan Providers:

To improve pregnant patients' compliance and health outcomes, **NO-COST** doula services are available for Los Angeles County African American women. This no cost program is sponsored by the L.A. County Department of Public Health.

Eligibility:

- Black/African American pregnant women
- Reside in South Los Angeles, the South Bay, Antelope Valley or San Fernando Valley
- Any gestational period

How to Refer Patients:

Direct referrals go to Michelle Sanders: MSanders@ph.lacounty.gov OR Ariana White: AWWhite@ph.lacounty.gov. Please include the following information: Patient's first and last name, Patient's phone number, zip code, and EDD.

Program:

The evidence based Doula services:

- Increase treatment compliance including timely prenatal and postpartum visits
- Connect patients to community and social services
- Provide health education information and support delivery advocacy

Health Education Services and Materials: L.A. Care's Health Education team has resources available for you at www.lacare.org under "Provider Tools and Toolkits" and "Health Education/Cultural & Linguistic Tools," respectively. Members can also access prenatal educational materials and resources on www.lacare.org/pregnancy.

Thank you,
The Health Education Team

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**ELEVATING
HEALTHCARE**
IN LOS ANGELES COUNTY
SINCE 1997